



# VoicesWR IPV

## COMMUNITY SUPPORT GROUP

**DATE:**  
Last Thursday of each month

**TIME:**  
6:30pm - 7:30pm

**LOCATION:**  
400 Queen St S, Kitchener, ON  
Sehl Room - 1st Floor

**Join other survivors** of intimate partner violence and abuse for **peer support, tools of empowerment, and mindfulness practices.**

VoicesWR humbly offers the community of Waterloo Region an **in person support group** that was uniquely **built for survivors; by survivors.**

## You are not alone.

CALL CARIZON RECEPTION TO PRE-REGISTER AT

**(519) 743-6333**

\*\* Please advise if child minding is needed.

